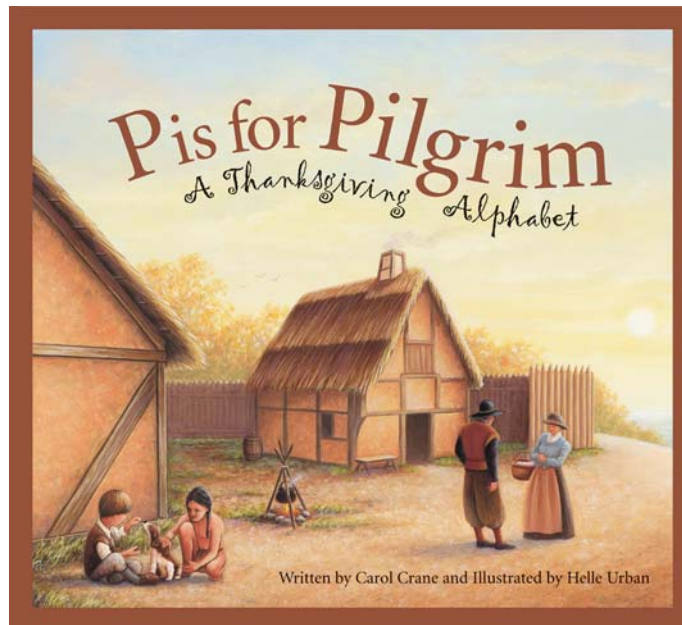


**P is for Pilgrim:
A Thanksgiving Alphabet**

Teacher's Guide



Teacher's Guide prepared by
Cheryl Grinn

Based on the book by Carol Crane
Illustrated by Helle Urban

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Thanksgiving Fill-In Puzzle

If you have trouble solving this Thanksgiving puzzle go to the book *P is for Pilgrim* and you'll find all the answers! Have fun!!

1. T ___ ___ ___ ___ ___
2. H ___ ___ ___
3. A ___ ___ ___ ___ ___ ___
4. N ___ ___ ___ ___ ___ ___
5. K ___ ___
6. S ___ ___ ___ ___ ___ ___
7. G ___ ___ ___ ___ ___
8. I ___ ___ ___ ___ ___ ___ ___ ___
9. V ___ ___ ___ ___ ___ ___ ___
10. I ___ ___ ___ ___ ___
11. N ___ ___ ___ ___
12. G ___ ___ ___ ___

Clues

1. Thanksgiving bird.
2. To take the hull off the corn.
3. Ocean the Mayflower crossed.
4. The month we celebrate Thanksgiving.
5. Slang word for child.
6. Military advisor to the Pilgrims, Miles _____.
7. Place where vegetables grow.
8. Rights of one person.
9. A person who donates their time and skills.
10. Samoset and Squanto.
11. Another name for country.
12. What children like to play.

Plan a Thanksgiving Dinner

You can learn about the foods that were served at the first Thanksgiving in the book *P is for Pilgrim*.

Make a list of the foods you like to eat on Thanksgiving.

Plan the amount of food you will need to feed your family.

Use shopping ads to figure out the total cost of the dinner for your family. \$ _____

You only have \$125.00 to spend.

Did you have any money left? If yes, how much? \$ _____

If you don't have enough money, what will you eliminate?

Make sure your meal is well balanced and contains all food groups.



Diversity – *Differences Are Good*

The Pilgrims found diversity when they came to the new world and found the Native Americans. What is diversity? Read the book *P is for Pilgrim* and learn about diversity.

Take a survey of your class and find out where in the world they or their ancestors came from. On a world map, color the countries that your classmates' ancestors left to come to America.

What does diversity look like?

In the past _____

In the present

In the future

Pursuit of Happiness



P is for Pilgrim tells us how important individual rights were to the Pilgrims. They left their homes and came to a new world in the pursuit of these rights. One of our core democratic values is the pursuit of happiness. The pursuit of happiness means that each person can find their happiness in their own way as long as they do not step on the rights of others.

Draw a picture of how you spend your time being happy in each season.

SPRING

SUMMER

FALL

WINTER



Why Do We Need Government?

The Bill of Rights, Constitution, and Declaration of Independence are the documents on which our country is based. Read about these documents in *P is for Pilgrim*. You will find out why they are so important. But why do we need government?

1. Suppose there was no government. What would be the consequences?

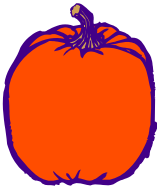
2. Suppose there were no rules in school. What would be the consequences?

3. Suppose you had no rules at home. What would be the consequences?

How Many Ways?

There are many interesting facts about Thanksgiving and the first settlers in the book *P is for Pilgrim*.

How many ways can you find to...



1. Use a pumpkin?



4. Describe life on the Mayflower?



2. Plant a garden?



5. Get to school?



3. Describe a Pilgrim?

Wampanoag Rebus



A story told in pictures and symbols is called a rebus. Early Wampanoag people used pictures and symbols in their writing of stories. Many of their stories were written in a circle. Read the book *P is for Pilgrim* to find out about this tribe.

Write a rebus story describing an adventure a young Wampanoag child may have had. Use symbols to represent such things as the sun, stars, moon, water, fish, trees, and wind. Write your story in a circle. You will need to add some words along with your pictures. Have fun!

CRANBERRIES

Cranberries were a new food for the Pilgrims. The Native Americans taught them how to use the berry. In the book *P is for Pilgrim* you will learn some interesting facts about how the cranberry got its name.

Create your own recipe using cranberries!

1. List all the tools you will need for your recipe.
2. List all the ingredients you need.
3. List all the steps to make your recipe. Make sure they are in order and easy to follow.

Recipe for: _____

Serves: _____

Main Ingredients

Directions

MMM...GOOD !!



How Does It Look?

Point of View

When the Mayflower landed at Plymouth Rock people had many different feelings about this new land. Read about the trip in *P is for Pilgrim* and then describe how the following people and things felt when they arrived.

1. The ship's captain _____

2. A Pilgrim mother _____

3. A 10 year-old girl _____

4. A 10 year-old Indian boy on shore _____

5. A father who left his family in Holland _____

6. The ship _____

Help Others –



VOLUNTEER!

People who volunteer their time to help others are very important in our society. Read about a few ways people volunteer in the book *P is for Pilgrim*.

Design a community project and create an advertisement that will make volunteers want to help with the project.

Start by brainstorming project ideas with a friend.

Next, work on your advertisement.

Do you think your project could work in your community?

BRAINSTORMING IDEAS

What Do I Have in Common with a Pilgrim Child? *Compare and Contrast*

Life was very different in many ways for Pilgrim children. *P is for Pilgrim* will give you some information about the lives of Pilgrim children.

Make a chart showing how the activities of you and a Pilgrim child are alike and how they are different.

Alike	Different
-------	-----------



CORN IS KING



Pilgrims found corn a very important crop for their existence in the new world. In the book *P is for Pilgrim* you will find many uses for corn on the C page.

List all the ways Pilgrims and Indians used corn in the book.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Put your thinking cap on and see how many more uses you can find for corn.

- 1.
- 2.
- 3.
- 4.
- 5.



Thanksgiving Poetry

In an acrostic poem a word is written vertically. A sentence or phrase about the word is described next to each letter.

Example: Jan

J- jolly, likes jumping rope
A- antsy, able to speak Japanese
N- noisy, nice, like Nike shoes

Your poem will describe all the things you are thankful for at Thanksgiving.

T _____
H _____
A _____
N _____
K _____
S _____
G _____
I _____
V _____
I _____
N _____
G _____



A Pilgrim's Journal, January 1620

The Pilgrims left their homelands to find religious freedom in a new faraway land. The story of their adventure can be found in *P is for Pilgrim*. Use the information you learn about the Pilgrims' first winter to write journal entries.

Talk about what is happening in your family, and in the colony. What have you seen? How has the weather been?
What is the food situation?

_____ Journal

January 1, 1620

January 2

January 3

January 4

November Feast Math



Solve the following math problems that concern the first November Feast between the Pilgrims and the Native Americans. The book *P is for Pilgrim* will tell you the story.

1. There were 52 Pilgrims and 91 Indians at the feast. What was the total number of people present? _____
2. If one turkey would feed 5 people, how many turkeys would it take to feed all the people present? _____
3. There were 90 braves present. Each brave brought 3 fish. How many fish were at the feast? _____
4. It took one child $\frac{1}{2}$ hour to pick 1 pound of blueberries. How long would it take to pick 7 pounds? _____
5. At the table each plank could seat 10 people. How many planks would be needed to make sure everyone had a seat? _____
6. At the feast there were 8 lobster, 46 clams, 10 deer, 80 fish, and 40 turkeys served. What was the total number of seafood items served? _____



Join the Parade

People all over the nation watch Macy's Thanksgiving Day Parade. Read more about the parade in the book *P is for Pilgrim*.

It's your turn to be creative! Design either a balloon or a float symbolizing the Pilgrims that could be in the parade.

An Editor's Job

Proofreading

EDITOR'S CORNER



An editor has many jobs. Read the story of Sarah Josepha Hale in *P is for Pilgrim*. Some editors have the task of proofreading all work before it is published. Your job is to edit the following sentences looking for mistakes in capitalization.

Circle the words in each sentence that should be capitalized but are not.

1. The pilgrims were not the first europeans to visit the new world.
2. The mayflower crossed the Atlantic ocean.
3. The constitution of the united states is a model of how democracy works.
4. the thanksgiving festival lasted for three days.
5. President lincoln issued a thanksgiving proclamation in 1863.
6. There was no school in early plymouth.
7. the ship speedwell was forced to return to England.
8. Native americans called pumpkins “ isquotm squash.”
9. The bald eagle is on the back of the united states dollar bill.
10. The Wampanoag were part of the algonquin-speaking peoples.

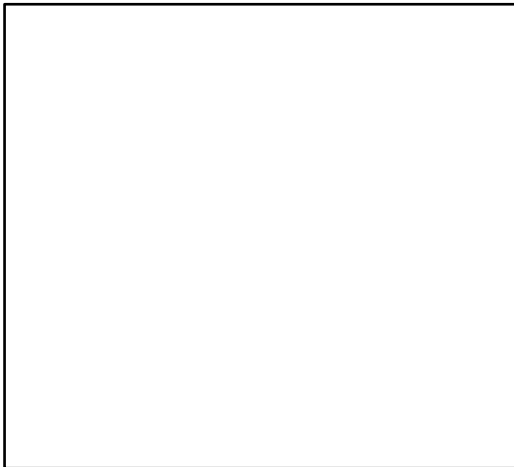
Make a Class Quilt

Quilting was a necessary skill for the Pilgrims. They would use old clothing to piece together quilts to keep warm. *P is for Pilgrim* will give you information about quilting on the Q page.

Each person in your class should make one quilt square. This will be a patchwork quilt.

Directions

1. Decide on the pattern for your square. You should stick to triangles, rectangles, and squares.
2. Draw in your pattern on the square. (Try it out on scrap paper first.)
3. Color in your square.
4. Use black paper strips between the squares and place them on a bulletin board.





NOTABLE NEWCOMERS

History gives us the stories of many notable early Americans. In the book *P is for Pilgrim* you can read about these brave and adventurous people.

Directions

Match the newcomer with the reason that they are notable.

- | | |
|----------------------------|---|
| 1. ____ Sarah Josepha Hale | A. Governor of Plymouth Colony |
| 2. ____ Miles Standish | B. Born on the Mayflower |
| 3. ____ Oceanus Hopkins | C. Named Plymouth |
| 4. ____ Samoset & Squanto | D. Succeeded in having Thanksgiving made into a national holiday |
| 5. ____ Benjamin Franklin | E. Indian friends who spoke English |
| 6. ____ Yellowfeather | F. Wanted the wild turkey to be our national symbol |
| 7. ____ Thomas Jefferson | G. Wampanoag Chief who wrote a peace treaty with the Pilgrims that was never broken |
| 8. ____ William Bradford | H. One of the writers of the Declaration of Independence |

A Letter to Educators

from author Carol Crane

At this time in our nation's history, our strongest documents of strength and foundations are looked upon not just at Thanksgiving but everyday. Core democratic values champion those ideals that have made America one of the greatest nations on earth.

In *P is for Pilgrim: A Thanksgiving Alphabet*, I have tried to include in the narratives those strengths that carry the respect, responsibilities, and rules children should know. I hope that by listing the meanings of these values we can help develop the foundation they can count on in their own neighborhoods, schools, and friendships.

Have your students find how each of these values is demonstrated in the poems and expository of *P is for Pilgrim*.

Diversity

A variety of cultures is beneficial and desired in a multicultural society. Differences can include language, ethnic background, race, lifestyle, and beliefs.

Patriotism

Patriotism is the love of one's country. America has many symbols, songs, and signs that show a loyalty to the United States of America. We honor our national flag by pledging allegiance to our country. We celebrate holidays such as the 4th of July, Memorial Day, Presidents Day, and Martin Luther King Day. We honor with our statues and monuments the great patriots who have fought to keep our country strong. We sing and praise our country with American patriotic songs.

Individual Rights

Every American has a right to life and happiness as long as that person does not hurt others. These rights include the right to life, liberty, freedom, and the pursuit of happiness. Many of these rights are outlined in the Bill of Rights.

Truth

Truth is an important part in the bond between government and the people. If two people argue and cannot solve their differences, they might go to court

and have a judge decide the truth. Our government depends on its citizens telling the truth in court, in government, in the news, in school, and to each other.

Constitutional Government

America, the power is shared between national and state governments. This is called Federalism (the joining together and distribution of power). The three branches are called Judicial(our court system), Executive (our President), and Legislative (our elected Congress). This form of government watches out so that no one misuses their power. It is called checks and balances.

Justice

If things are “just,” they should be equal. Women now have the right to vote, both boys and girls have the right to go to school, and different religions are treated equally. Justice means being fair.

Popular Sovereignty

Voting is one of the most important rights of citizens in our country. Each citizen is given that right to choose who will make and enforce the laws of our country. We vote for our President, our senators, our state representatives, and our governors. If we don’t like their decisions we can vote for someone else. Popular means giving the majority of votes to one person. Sovereignty means the person that wins an election is the supreme power. Children learn about popular sovereignty voting for school council members, or a class president.

Equality

The three most important words in our constitution are “We the People”. Our laws were written so that all races, gender groups (men or women), religions, or cultures are shown no discrimination.

Common Good

When people give up some personal freedoms for the good of other Americans, it is called common good. For example, helping in food kitchens by feeding the less fortunate, and Habitat for Humanity, where people are helping people build homes for those who would never be able to own a home, otherwise.

P is for Pilgrim

Answer Sheet

Thanksgiving Fill-In Puzzle

1) turkey (2) husk (3) Atlantic (4) November (5) kid
(6) Standish (7) garden (8) individual (9) volunteer
(10) Indians (11) nation (12) games

Notable Newcomers

1) D (2) C (3) B (4) E (5) F (6) G (7) H (8) A

November Feast Math

(1) 143 (2) 29 (3) 270 (4) 3 1/2 hours (5) 15 (6) 134

Corn Is King

food, baskets, sleeping mats, dolls, fuel, rattles

An Editor's Job

1. Pilgrims, Europeans
2. Mayflower, Ocean
3. Constitution, United States
4. The, Thanksgiving
5. Lincoln, Thanksgiving, Proclamation
6. Plymouth
7. The, Speedwell
8. Americans
9. United States
10. Algonquin

CORE DEMOCRATIC VALUES as represented in P is for Pilgrim

Letter A

*Cultural Diversity means different ethnic groups in every state in our great country. How many different cultures can you find in your state?

Letter B

*Constitutional Government: The 14th amendment is like an umbrella that protects people against unequal laws. The Constitution of the United States of America ensures equality in politics, law, society, and economic endeavors.

*Patriotism: True citizens show a love for their country and the values on which it depends.

*Popular Sovereignty: Giving votes to those we wish to have govern our country.

Letter C

*Truth: American democracy depends on all people telling the truth in court, in government, in school, in jobs, and to each other.

Letter E

*Justice: If things are just, they should be equal. Justice is the principle of being just, fair, and impartial.

Letter I

*Individual Rights. All people have basic rights that are not created by the government. Individual liberties include freedom of speech, religion, press, ideas, privacy, the right to own property, to have equal opportunities, to be secure, to have freedom to assemble, and many others.

Letter N

*Constitutional Government

* Popular Sovereignty: The people are the leaders of the nation and hold authority over public officials and policies; in other words, giving votes to those we wish to have govern our country.

Letter R

*Individual Rights. All people have basic rights that are not created by the government. Individual liberties include freedom of speech, religion, press,

ideas, privacy, the right to own property, to have equal opportunities, to be secure, to have freedom to assemble, and many others.

Letter T

*Patriotism: True citizens show a love for their country and the values on which it depends.

Letter V

*Common Good: Individual citizens work together and give up some of their personal freedoms for the good of a larger group of people.

Letter X

*Equality: The words in our constitution “all men are created equal” means equal rights to all men and women. That means no discrimination and no laws that favor ethnic, religious, racial, or gender groups.

*Popular Sovereignty

*Individual Rights